

Zero Day

Worn Items

- ACU patrol cap with ACU-pattern rank and name tape (no cat eyes)
- ACU top with all ACU-pattern patches and name / US Army tape
- ACU trousers (no spandex worn underneath)
- Tan T-shirt (no logos, printing, or name)
- · Tan rigger belt
- Tan boots, military issued / authorized (serviceable, NO ripple sole)
- · Socks (tan, black, or green military issue)
- Underwear (optional)
- Sports bra (females)
- ID tags with long and short chain (with medical alert tag, worn around neck)
- ID card (in left or right chest pocket)

- **Carried Items** 1-quart canteen, full of water, with 2" masking tape across front (left cargo pocket)
 - Small notepad with pen or pencil (not in front sleeve pocket)
- Assault Pack
- 1 pair running shoes (no basketball or casual shoes, in Assault Pack)
- Reflective belt, yellow (positioned vertically around the Assault Pack) MRE, complete (not field stripped, in Assault Pack)

Additional Items (Winter Classes Only, Placed in Assault Pack)

- Gore-Tex parka with all patches and tapes (no leaders tab)
- Gloves, leather shell, military issue (black or green)
- Glove inserts, military issue (black, green, or brown)
- · PT cap, foliage green

Days 1-10 (Worn Items above still apply)

- IBA / IOTV with name, rank, and front & rear plates (no side plates, yoke, groin protector, throat protector, or DAPS) (No plate carriers, only IBA or IOTV)
- ACH / Kevlar helmet (no cover, worn)
- 1-quart canteen, full of water, with 2" masking tape across front (left cargo pocket)
- Assault Pack
- · Waterproof bag, military issue
- Wet weather top with rank (summer classes only)
- Gore-Tex parka with all patches and tapes (no leaders tab) (winter classes only)

Reflective belt, yellow (positioned vertically around the Assault Pack)

- ACU top with all ACU-pattern patches and name / US Army tape
- · ACU trousers
- 1 tan T-shirt (no logos or name)
- 1 pair of socks (tan, black ,or green military issue)
- Neck gaiter, military issue (brown, no hood)
- · 1 pair of ear plugs with case, military issue

- · 2 Chem-lights, Red
- 1 Ziploc bag (1 quart size)
- 1 Highlighter, 1 small notepad, and pen(s) or pencil(s) (not in front sleeve pocket) One 3 x 5 index card (no lines)
- Poncho
- Goggles (clear lens with cover and retaining strap, form fitting to face)
- 1-quart canteen carrier with canteen cup on IBA/IOTV (guide-hand side)
- 2-quart canteen with carrier & strap (full of water, inside Assault Pack's rear pouch)
- E-Tool inside of E-Tool carrier (inside of Assault Pack)
- Flashlight, right-angle with red lens (with D-cell batteries only)
- Gloves, leather shell, military issue (black or green)
- Glove inserts, military issue (black, green, or brown)
- · PT cap, foliage green • MRE, complete (not field stripped)
- Air Assault Handbook and Advance Sheets (when issued)

Additional Equipment Required for Course (Not Packed in Assault Pack)

- · APFU shirt (long sleeve and short sleeve)
- APFU shorts
- APFU jacket
- APFU pants

- White socks (above the ankle bone, no logos, no tube socks)
- Waffle top or polypro top
- Beret (Graduation Day only)

Notes:

- Service Members not in the US Army should wear authorized uniforms by specific branch of service; duty & physical fitness uniforms.
- Winter classes are classes with Day Zero beginning between 1 October thru 31 March.
- All equipment must be serviceable.
- Dietary supplements are not authorized for use by any student during the course.

as of: 14 Jan 14

· Wear out dates are verified on the Army G1 Website: http://www.armyg1.army.mil/HR/uniform/